

September 2025

Zion Temple Christian Academy

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 LABOR DAY	2 Beef Hot Dog, WG Bun, Baked Beans & Fruit	3 Beef Sloppy Joe, WG Bun, Potatoes & Fruit	4 Chicken Teriyaki, Rice, Sweet Peas & Fruit	5 Baked Ziti Pasta, Carrots & Fruit
8 Chicken Nuggets, Green Beans, WG Roll & Fruit	9 Chicken Soft Taco, Black Beans & Fruit	10 Turkey Corn Dog, Sweet Corn & Fruit	11 Spaghetti w/Beef Meatsauce, Carrots & Fruit	12 Cheese Pizza, Romaine Salad & Fruit
15 Chicken Fried Rice, Carrots & Fruit	16 Loaded Chicken Potato, WG Roll & Fruit	17 Chicken & Noodles. Mixed Vegetables & Fruit	18 Beef Cheeseburger, Baked Beans & Fruit	19 Chicken Pasta Alfredo, Broccoli & Fruit
22 Breaded Chicken, WG Bun, Glazed Carrots & Fruit	23 Beef Hard Taco, Mexican Corn & Fruit	24 BBQ Chicken, WG Bun, Baked Beans & Fruit	25 Beef Swedish Meatballs, Green Beans, Buttered Noodles & Fruit	26 WG Pancakes, Turkey Sausage, Potatoes & Fruit
29 Beef Sloppy Joe, Diced Potatoes & Fruit	30 Oven Fried Chicken, WG Roll, Green Beans & Fruit	<div> <h3>Did you know?</h3> <p>September 30th is known as International Translation Day, and September 12th marks the beginning of the first ever submarine test.</p> </div>		

Lunch Menu Consist of the Following:

- 2 oz eq Meat/Meat Alternative (m/ma)
- 1 c Vegetable
- 1 c Fruit
- 2 oz eq. – whole grain
- 1 c Fluid Milk (1% or skim)
- WG – whole grain

No Pork or Peanut Products Served

All Meals Served with Nonfat Chocolate or 1% White Milk

Menu Items Subject to Change

"This institution is an equal opportunity provider."